

TheFA Women's  
**Continental**  
League Cup

**THE FA WOMEN'S CONTINENTAL TYRES LEAGUE CUP FINAL**

# MATCHDAY GUIDE



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**SUNDAY 5TH MARCH 2023**  
**SELHURST PARK, HOME OF CRYSTAL PALACE**  
**KICK-OFF: 15:00**



# **CH** **BE MATO** **READY!**

**Make sure you don't miss a second of the action by reading this guide.**

**It will help you get in and out of the stadium, and everything in between.**

**We want you to enjoy the spectacle while we take care of everything else.**

# MATCHDAY CHECKLIST

## Don't forget your tickets

Please remember to print your ticket ahead of arriving at the stadium, or have it ready to scan on your mobile phone.

The Main Box Office will be open from 10am. Entrance 9 (Main Stand) and Entrance 4 (the corner of Park Road and Holmesdale Road) will be open two hours prior to kick-off.

## Plan your route

The fan zone opens 3 hours before kick-off at 12:00.

GA turnstile and hospitality areas open an hour later at 13:00.

We strongly urge all fans to arrive by public transport, make sure that you check the timetables and keep an eye-out for any possible delays.

Parking is not available at the stadium.

## Cashless stadium

This is a cashless stadium, so only debit/credit card payments will be accepted for food and drink inside the stadium itself!

## Bag policy

Supporters can bring a bag/backpack (small enough to fit under their seat) into the stadium, subject to a full search at the turnstiles. Alternatively, luggage can be left for free at the Information Centre which is located at Entrance 9. The Information Centre is open from three hours prior to kick-off until 30 minutes after the final whistle. Uncollected items are taken to the Main Reception.

## Check the weather forecast

We suggest you keep a keen eye on the weather forecast and be prepared to wrap-up warm...but don't bring an umbrella as you won't be permitted to bring one into the stadium.

## Choose a designated meeting place

It can get busy around the stadium and it is very possible that you may lose your friends/family at peak times around the stadium. Before you enter, choose a memorable landmark around the vicinity where you can meet-up if your group does get broken-up. If in doubt, seek the advice of a Steward.

# TRAVELLING TO SELHURST PARK STADIUM

## BY RAIL

Selhurst Park Stadium is a public transport destination. Selhurst, Thornton Heath and Norwood Junction stations are located within a 15 minute walk of the stadium.

Selhurst and Thornton Heath stations are served by Southern rail services with connections southbound to East Croydon and northbound to Clapham Junction and London Victoria stations for interchange in central London. Both stations have step free access.

Due to planned engineering work on the London Overground network, there will be no services running to / from Norwood Junction station on match day. Spectators are therefore encouraged to travel via Selhurst and Thornton Heath stations instead.

Direct services to / from Clapham Junction are also running from East Croydon station. Spectators are also encouraged to consider interchange at East Croydon for fast rail connectivity.

All spectators intending to travel by rail are advised to allow plenty of time for travel and to check the National Rail website regularly for any service alteration details and real-time journey updates.



## BY BUS

There are seven daytime bus services which serve Selhurst Park stadium and the local area. Please plan ahead and look at the local TfL Bus Spider Map to review local routes. Check out TfL Buses for timetabling information and real-time service status updates on match day.



## BY BIKE

Selhurst Park Stadium is a cycle-friendly stadium and free cycle parking is provided on-site from three hours prior to Kick-Off. Any spectators intending to travel by bicycle are encouraged to dismount upon entry to the stadium, and to head to the CPFC Information Point (Entrance 9) for parking instructions on match day.



## BY CAR

There is no available spectator parking at Selhurst Park Stadium. Spectators are encouraged to travel by public transport where possible.

There is limited parking available for accessible users only. Any spectators who require accessible parking must pre-book here and will be required to provide proof of booking confirmation and show their blue badge on match day. Please note that accessible parking is very limited and is not guaranteed. Please book your parking in advance.

There are also strict match day controlled parking zones in operation around the stadium and the local vicinity is located within one of Croydon's 'Healthy Neighbourhoods' where driving is limited to permit holders only. Spectators are advised to travel by alternative public transport modes where possible and to visit Healthy Neighbourhoods for more information.



# GETTING AROUND THE STADIUM

There are a host of useful amenities and reference points for you in-and-around the stadium. The following highlight just a few which might be of use:



**The FanZone** is located in the Main Car Park by Entrance 10 and will be open from 12pm to ticketed fans only. There is a range of entertainment for all ages; including a resident DJ, face painting, fun activities and a chance to have your photo taken with the trophy!

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# MATCHDAY KEY TIMINGS

▼ **12:00**

THE FAN ZONE OPENS OUTSIDE THE EAST STAND  
TEAMS ARRIVE AT THE STADIUM

**13:00**

HOSPITALITY RECEPTION  
GA TURNSTILES OPEN

**14:00**

TEAM NEWS ANNOUNCED

**14:14**

WARM UPS BEGIN ON THE PITCH

▼ **14:44**

WARM UPS END

**14:52**

PLAYERS WALK FROM THE TUNNEL AND  
PRESENTATION OF THE OFFICIAL PARTY

**14:56**

NATIONAL ANTHEM

**15:00**

KICK-OFF

▼ **15:45**

HALF-TIME

**16:00**

SECOND HALF BEGINS

**17:00\***

FULL-TIME\* SUBJECT TO EXTRA TIME  
AND PENALTIES

MEDAL AND TROPHY PRESENTATION

Make the  
most of  
every  
minute.



# STAY SAFE AT SELHURST PARK

**Safety and security of all of visitors to Selhurst Park is paramount in ensuring that everybody can enjoy matchday. We want everybody to enjoy the game as much as possible, but supporters should be mindful and respectful of other supporters sharing in the matchday experience too.**

## Bag searching

To ensure the safety and security of all supporters, the club adopts a strict search policy at the stadium which may cause congestion and long queues at the turnstiles.

To ensure that you enter the stadium and take your seat in plenty of time for kick-off, please get to the stadium as early as possible to avoid delays.

Please remember that stewards are there for you, so if you ever need them on matchday, you can always approach them for help.

## Prohibited items

Alcohol, illegal substances, canned drinks, drink glasses/glass bottles, drink bottles over 500ml, air horns, buggies/prams, motor bike helmets, smoke/gas canisters, flags or banners that haven't been granted prior permission, video recording equipment, large cameras/camera lens attachments, large bags or suitcases (a left luggage service is available at the info centre), long/golfing umbrellas, knives/weapons, tools, fireworks, flares and pyros, musical instruments that haven't been granted prior permission.

## Abuse and Antisocial Behaviour

Crystal Palace F.C. is committed to promoting equality and diversity across the club including to its players, staff and supporters to ensure that all supporters have a safe and enjoyable matchday experience at Selhurst Park.

Racial/homophobic abuse, discriminating comments towards an individual/group of individuals and antisocial behaviour will not be tolerated.

Supporters who are seen to be partaking in any of the above will be ejected from the stadium, may have their information passed to the police for prosecution or be issued with a banning order.

A text alert system is in operation on a matchday which can be used for reporting incidents of abuse and antisocial behaviour and enables the club to act on any information received in real time. The number to use is 07507 477 669 or +44 7507 477 669 from an international number. Supporters can remain anonymous, but should include as much information as possible, including the type of abuse or

antisocial behaviour as well as the exact location and any distinguishing features.

Any issues that are unable to be dealt with at the time will be followed up and investigated thoroughly by a CPFC staff member.

## Safeguard

Crystal Palace Football Club is committed to providing a safe and secure environment for children, staff and visitors where individuals feel comfortable to voice any concerns they may have in regards to their own safety or the wellbeing of others around them.

Adhering to the club's policies, procedures and best practice, enables children, staff and visitors to participate in any club activity in an enjoyable and safe manner.

For more information, please follow the link below to the club's safeguarding policy. If you have any concerns please contact our safeguarding team by emailing [safeguarding@cpfc.co.uk](mailto:safeguarding@cpfc.co.uk) or Head of Safeguarding, Cassi Wright, by emailing [Cassi.Wright@cpfc.co.uk](mailto:Cassi.Wright@cpfc.co.uk).

A copy of the club's safeguarding policy can be found by clicking [here](#).

We actively encourage the reporting of any concerns; recognising and supporting the need for fair and proportionate investigations into any allegation of poor practice or abuse.

If you wish to speak to the Safeguarding Team, they can be contacted on [safeguarding@cpfc.co.uk](mailto:safeguarding@cpfc.co.uk)

Please note:

- Children over the age of two years are welcome to attend Selhurst Park with parents or carers to watch a match.
- Children over the age of 14 years can attend a match unaccompanied.
- On Match days there is a Designated Safeguarding Officer (DSO) available to manage any arising incidents or concerns.





# MATCHDAY FAQs

## Q. What is the latest time I can get into the ground on a matchday?

It is strongly advised to enter the stadium early to avoid queues. The majority of turnstiles close 10 minutes after kick-off. However, a number of turnstiles will remain open until half-time with a pre-purchased ticket.

## Q. What time do the turnstiles open?

GA turnstiles open 2 hours before kick-off – 13:00

If you're in any of the hospitality areas, doors open at 13:00

Make sure you're in your seats in good time ahead of kick-off!

## Q. Can I pay by card inside the ground?

Food and drink can be purchased using credit/debit card within the stadium concourses.

## Q. Where can I buy a programme from on matchday?

The Official match programme can be purchased from a number of outlets around the stadium.

## Q. Are there any pre-match events around the ground for supporters?

The FanZone is located in the Main Car Park by Entrance 10.

